

# One Nucleus Training Portfolio

# Introduction

We recognise that a company's employees are its most valuable asset. Rapidly growing companies often underestimate the value of staff development. We have developed a portfolio of training courses designed to help life science companies build an experienced and cohesive workforce.

Silver members receive a discount on list prices, Gold members, Partners and Corporate Sponsors receive enhanced discounts plus priority booking.

We are constantly developing courses on new subjects as our members' needs change as well as discussing new methods of delivering training courses, including eLearning. We are excited to be exploring new avenues of learning and making training interactive for our delegates.

We are proud to be working with a number of companies to deliver our portfolio. Our soft skill providers are listed on the next page.

# Course Appendix

## Technical Courses:

- A BioSafety Masterclass: Building and Maintaining Competence in BioSafety
- Biological Safety: Management and Practice (2 day course)
- Laboratory Health and Safety (1 day)
- The Safe Use and Management of Laboratory Gases

## Intro to.... Courses:

- Introduction to Drug Development
- Introduction to Drug Discovery - From Idea to Clinical Candidate
- Effective Management of Life Science Projects
- Presentation Skills for Scientists

## Soft Skill Providers:

- Anything is Possible
- Bioeagles
- Health & Safety Works
- Marks & Clerk
- RiverRhee Consulting
- Wellcome Sanger Institute

## Technical Courses

## A BioSafety Masterclass: Building and Maintaining Competence in BioSafety

<b>Audience</b>	<p>A one-day Biological Safety Masterclass course provides an essential update in knowledge of current legislation and best practice for those who have previously completed the accredited Biological Safety Officers or Biological Safety: Management &amp; Practice course.</p> <p>This Masterclass is designed to remind you of what you once knew (but may have forgotten!) about biological safety so it assumes a certain basic knowledge.</p> <p>Previous delegates who have benefited from Biological Safety courses include:</p> <ul style="list-style-type: none"><li>- Biosafety Officers</li><li>- BioPharma directors and managers</li><li>- Biosafety Administrators (industry and universities)</li><li>- Biosafety committee member</li><li>- Engineers, chemists</li></ul>
<b>Duration</b>	A one day course.
<b>Objectives</b>	<p>Using a mix of formal presentation, class exercises and syndicate work you should, by the end of the session, have:</p> <ul style="list-style-type: none"><li>• Reminded yourself about the legal background</li><li>• Revisited the principles and practice of assessing risk</li><li>• Applied those principles in the biological context</li><li>• Reviewed appropriate standards of laboratory management and operation</li><li>• Reflected on changes for the future and drawn up an action plan</li></ul> <p><b>Before you attend:</b> find two examples of risk assessments for activities that involve biological hazards, minutes of your last safety committee, a copy of your spill procedure and notes or report from an inspection done within the last 3 months. Bring these with you to review as part of the action planning exercise.</p>
<b>Cost</b>	<p>One Nucleus Gold: £357 + VAT One Nucleus Silver: £433.50 + VAT Non-Member: £510 + VAT</p>

## Biological Safety: Management and Practice

(IOSH accredited)



<b>Audience</b>	The course is predominantly aimed at those fairly new to the role and mostly focuses on work at ACDP containment levels 1 and 2 and work with GMOs. However, experienced BSO will also benefit from the course.
<b>Duration</b>	A two day course.
<b>Objectives</b>	To improve your knowledge of Biosafety and consequently develop the competency and confidence to perform your role as a Biological Safety Officer more effectively. The course is predominantly aimed at those fairly new to the role and mostly focuses on work at ACDP containment levels 1 and 2 and work with GMOs. However, experienced BSO's will also benefit from the course.
<b>Cost</b>	One Nucleus Gold: £714 + VAT One Nucleus Silver: £867 + VAT Non member: £1020 + VAT

## Laboratory Health and Safety

<b>Audience</b>	Laboratory safety representatives or laboratory workers.
<b>Duration</b>	A one day course.
<b>Objectives</b>	<p>This one-day intensive course is all about health and safety in the laboratory setting. Using lots of practical examples and scenarios from different laboratories, participants will learn about health and safety legislation and the principles of safe working as it applies to them.</p> <p>As this course is designed to be as relevant to participants own working environments as possible, a small amount of preparatory work is required before attending.</p> <p><b>Learning Outcomes</b> After attending this course participants will:</p> <ul style="list-style-type: none"><li>• Understand why safety is important</li><li>• Have a basic understanding of health and safety legislation</li><li>• Understand and be able to apply the principles of risk assessment</li><li>• Understand the main requirements of the Control of Substances Hazardous to Health (COSHH) Regulations 2002 (as amended).</li><li>• Identify how the Dangerous Substances and Explosives Atmospheres Regulations 2002 apply to their laboratory.</li><li>• Have an understanding of appropriate safe working practices in the laboratory</li><li>• Be able to identify the main health and safety risks in their laboratories and the reasons to control those risks.</li><li>• Be able to take appropriate action in the event of an accident or spillage including reporting and investigating accidents</li><li>• Identify the health and safety implications associated with lifting and handling and with repetitive tasks including ergonomic risks in the laboratory.</li><li>• Have drawn up an Action Plan for taking forward learning points.</li></ul>
<b>Cost</b>	One Nucleus Gold Members: £213.50 + VAT One Nucleus Silver members: £259.25 + VAT One Nucleus non members: £305 + VAT

## The Safe Use and Management of Laboratory Gases

<b>Audience</b>	This workshop is designed to enable Laboratory Managers and Supervisors, Stores Managers and Facilities Managers to effectively identify and control compressed gases safety.
<b>Duration</b>	A one day course.
<b>Objectives</b>	The workshop uses real life case studies and introduces delegates to tools and techniques to identify work patterns that create risk. Delegates are taken from first principles to in-depth modules on a range of topics all fully supported with checklists, audit tools and documentation to check compliance in accordance with current Codes of Practice and Pressure Systems Regulations.
<b>Cost</b>	One Nucleus Gold: £224 + VAT One Nucleus Silver: £272 + VAT Non members: £320 + VAT



## Introduction to ... Courses

## Introduction to Drug Development

<b>Audience</b>	Scientific Professionals. Non-Scientific Professionals.
<b>Duration</b>	A one day course.
<b>Objectives</b>	<p>Each course is designed to introduce delegates to the process leading from an initial discovery through to the marketing of a drug.</p> <p>The aim of the programme is to show how the many steps are linked together and where key related activities such as patenting, licensing and fundraising have to be taken into account.</p> <p>It also includes a look at biotechnology in the wider context, the size of the industry and how it relates to the pharmaceutical sector.</p>
<b>Cost</b>	One Nucleus Gold: £357 + VAT One Nucleus Silver: £433.50+ VAT Non members: £510 + VAT

## Introduction to Drug Discovery – From Idea to Clinical Candidate

<b>Audience</b>	<p>Those wanting to gain a comprehensive picture of the science and processes underpinning today's drug discovery. Covering, step-by-step, the way in which discovery projects are systematically moved from initial ideas through the several stages required to generate potential drugs worthy of entering the clinic. Typical attendees include science-based professionals: biologists, molecular biologists, chemists, preclinical development scientists, informaticians, patent attorneys, project managers and general managers.</p>
<b>Duration</b>	<p>A one day course.</p>
<b>Objectives</b>	<p>The course is a 'one-stop-shop' outlining the major scientific tools of drug discovery, namely: Drug Discovery Biology, ADMET/PK/PD, Medicinal Chemistry, Informatics/Virtual technologies and how these contributions are phased over time and integrated to generate a drug suitable for clinical trials. Focus is on small molecule drugs with comparisons made with biologics.</p> <p>Based on real-world experience and practical realities, attendees travel step-by-step along the typical path.</p> <p>Initiating Idea -&gt; Drug Target Protein Selection -&gt; Lead Identification -&gt; Clinical Candidate Nomination.</p> <p>Essential related topics including: Drug discovery technology platforms Drug structural and functional quality attributes. Project management tools-Target Product Profile (TPP) use. Key technology and infrastructure requirements are also covered in the course.</p>
<b>Cost</b>	<p>One Nucleus Gold Members: £357+ VAT One Nucleus Silver Members: £433.50 + VAT One Nucleus Non members: £510 + VAT</p>

## Effective Management of Life Science Projects

<b>Audience</b>	People newly appointed as Project Managers, Service Organisation Account Managers, or specialist staff who need to add the management of a project to their current role. More experienced project managers who need to refresh or add best practice to their skill set.
<b>Duration</b>	Two one day modules – you can choose to attend one or both days. A discount in excess of 25% available if you book both days.
<b>Objectives</b>	<p>By taking this training programme, you will be able to address projects in small-to-medium biotech, pharma, academic and service businesses, which are generally more challenging than rolling out a simple plan. It will focus on life science culture rather than a generic project process model. Content is based on practical experience, complementing and enhancing other more formal qualifications available.</p> <p>Module 1 - plans, processes and templates – delegates will be able to:</p> <ul style="list-style-type: none"><li>• Clarify expectations, roles and responsibilities</li><li>• Work with a team to plan, budget, manage risk, communicate and deliver</li><li>• Monitor and report progress</li><li>• Build effective business cases to influence decisions.</li></ul> <p>Module 2 - people, leadership and teams – delegates will be able to:</p> <ul style="list-style-type: none"><li>• Kick off and build the team</li><li>• Use straightforward ways to lead cross-functional teams without direct authority</li><li>• Establish an effective relationship across a mixed team and with senior management</li><li>• Overcoming performance problems and conflict.</li></ul>
<b>Cost</b>	<p><b>Individual one day modules:</b> One Nucleus Gold: £357.00 + VAT One Nucleus Silver: £433.50 + VAT Non member: £510.00 + VAT</p> <p><b>Both modules (total two days):</b> One Nucleus Gold: £525.00 + VAT One Nucleus Silver: £637.50 + VAT Non member: £750.00 + VAT</p> <p>If you wish to book both modules for the same person, please contact <a href="mailto:training@onenucleus.com">training@onenucleus.com</a> for a code to obtain the reduced price for their second module. The code must be entered at the time of booking the second module and cannot be applied retrospectively.</p>

## Presentation Skills for Scientists

<b>Audience</b>	Junior research scientists (all disciplines) from academia and industry, particularly those starting to present their work at conferences and seminars. It is also useful for scientists who want to present technical material to companies or investors.
<b>Duration</b>	A one day course.
<b>Objectives</b>	<p>To help delegates to identify their strengths and weaknesses in presenting a scientific talk, both in verbal delivery and in the organisation of visual material.</p> <p>To provide detailed guidance on both of the above aspects of scientific presentation so that delegates can use this for their own professional development.</p>
<b>Content</b>	<p>The one day course, unlike many presentation skills courses, is designed specifically for the practising scientist. We cover all aspects of verbal scientific communication, asking delegates to present their own research in a conference format prompting feedback on style and content. Because of our expertise in both science and communication skills, we help to solve common problems (such as nervousness and voice control), as well as those unique to scientists presenting the results of their research.</p> <p>The day begins with practical instruction on key topics associated with slide content and the process of verbal delivery. Each delegate is then asked to deliver a short scientific presentation with digital slides and to answer questions. The whole process is filmed and played back to highlight positive aspects of delivery style and talk content, as well as to identify areas that require improvement.</p> <p>We usually recommend that a maximum of ten delegates attend each session to ensure that each individual gets as much attention as possible. The trainers Ed Zanders and Lindsay MacLeod have written <b>Presentation Skills for Scientists - a Practical Guide</b> which delegates will receive at the end of their course.</p>
<b>Cost</b>	One Nucleus Gold: £357 + VAT One Nucleus Silver: £433.50 + VAT Non Member: £510 + VAT

## Soft Skill Providers

**Anything is Possible**



**Courses**

Conflict Resolution  
Effective Delegation  
How to Influence People  
Leadership Development Programme - A Leaders Perspective: *Follow A Leaders Journey*  
Leadership Mentoring Programme (One-on-One)  
Prioritisation (Too Much to Do - Not Enough Time)  
Remote Working and Virtual Teams  
Resilience in the Workplace  
Team Formation - Getting Started  
Team Roles and Thinking Styles

**Contact details**

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Website: [www.anything-is-possible.co.uk](http://www.anything-is-possible.co.uk)

**Bioeagles**



**Courses**

Changing Pharma Landscapes  
Efficient Territory Management  
Inside Sales: Effective Selling Practices  
Social Media for Sales  
Supporting a Consultative Selling Approach

**Contact details**

**Dr Ramila Patel**  
Telephone: 07595174454  
Email: [ramila.patel@bioeagles.com](mailto:ramila.patel@bioeagles.com)  
Website: [www.bioeagles.com](http://www.bioeagles.com)

## Health & Safety Works



Health & Safety Works Ltd

### Courses

IOSH Laboratory Safety

### Contact details

**David Oates**

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Email: [doates@healthsafetyworks.co.uk](mailto:doates@healthsafetyworks.co.uk)

Website: [www.healthandsafetyworks.co.uk](http://www.healthandsafetyworks.co.uk)

## Marks & Clerk



### Courses

Introduction to Contracts

### Contact details

**Training team**

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Email: [training@onucleus.com](mailto:training@onucleus.com)

Website: [www.onucleus.com](http://www.onucleus.com)





<b>Courses</b>	Coaching Skills for Managers Conducting Effective Performance Reviews and Appraisals Effective Influencing and Communication The First Steps in Selling Introduction to Lean and Six Sigma Introduction to Management Managing Change One Day Supervisor's Course Recruitment and Employee Relations for Managers Recruitment and Interviewing Skills Transition to Leadership Two Day Line Manager Course
<b>Contact details</b>	<b>Elisabeth Goodman</b> Telephone: 07876130817 Email: <a href="mailto:info@riverrhee.com">info@riverrhee.com</a> Website: <a href="http://www.riverrhee.com">www.riverrhee.com</a>



<b>Courses</b>	360 Degree Feedback Package Management in Action Managers: Stepping into Management Personality Psychometric Package Supervisors: Stepping into Management Talented Womens' Impact Programme
<b>Contact details</b>	<b>Rachael Dent</b> Telephone: 01223496964 Email: <a href="mailto:seed@sanger.ac.uk">seed@sanger.ac.uk</a> Website: <a href="http://www.sanger.ac.uk">www.sanger.ac.uk</a>